



BODY AWAKE I *NEW EDITION*

MP4 Video— 109 min / MP3 Audio – 23 min
Self Administered, Self-Healing Techniques

Learn to neutralize unresolved emotions through Morter HealthSystem B.E.S.T. Release Techniques developed by Dr. Sue Morter and her father Dr. M.T. Morter and brother Dr. Ted Morter. Based on the worldwide acclaimed BioEnergetic Synchronization Technique, a neuro-emotional release procedure used successfully on thousands of patients around the world.

Combined with the wisdom teachings of Dr. Sue gathered from her travels to the East and her personal experiences with high frequency meditation and inner awakenings, these processes are designed to assist you with your journey toward more perfect health and clarity.

- Breathing for Deep Peace
- Vibrational Toning for Healing
- B.E.S.T. Release Technique for Subconscious Emotional Clearing

For relaxing muscle tension, finding your center and returning your body to its natural healing state. This set includes one self-healing technique DVD and one CD with a guided meditation for releasing subconscious residue from past experiences.

Your Life will change for Good!

